

Public Health Newsletter

MARION COUNTY



Marion County Public Health

National Radon Action Month!

You can't see radon gas. You can't smell it. Breathing in high levels of radon is dangerous and can raise your risk of lung cancer.

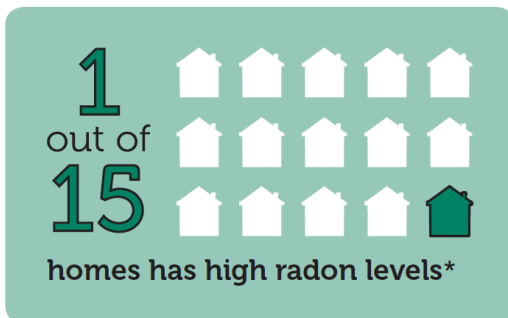
**TESTING YOUR HOME FOR RADON IS EASY,
LOW-COST, AND IT COULD SAVE YOUR LIFE.**

Why is radon dangerous?

Radon is dangerous because it can build up inside homes and harm your lungs. Radon is a natural gas that comes from rocks and soil, and small amounts are always present in the air. However, when radon seeps into a house through cracks or gaps in the foundation, it can accumulate to high levels indoors. Breathing in radon allows radioactive particles to settle in the lungs, and over time this exposure can lead to lung cancer.

The risks from radon depend on two things:

- **How much:** High radon levels are more dangerous.
- **How long:** The more contact you have with radon gas, the greater your risk.



Testing your home
is the only way to
find out if you have
a radon problem.

Any home can have a radon problem.

High radon levels can occur in both old and new homes, with or without basements. Even neighboring houses can have very different radon levels. That's why testing every home is so important.

Marion County Programs/Services

- Care for Yourself
- Communicable Disease Follow up
- Environmental Health
- Foot Care Clinics
- General Assistance
- Immunizations
- Preparedness (Emergency Response)
- Private Well Grants
- Senior Meals
- Tobacco Cessation

Community Education

- CPR/First Aid Classes
- Dementia Friends Sessions
- Narcan Training
- Stop the Bleed Course



Test Your Home!

Marion County Public Health has radon kits for \$12

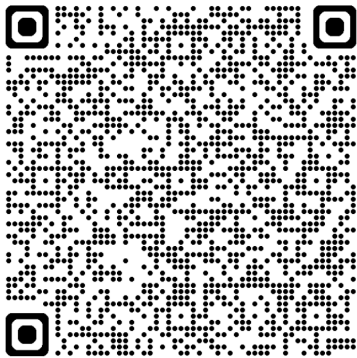
HONOR NATIONAL BLOOD DONOR MONTH
make an



IMPACT



Marion County Health Department Blood Drive



Thursday, January 15th

10:00 AM - 2:00 PM

2003 N Lincoln St Knoxville, IA 50138

TEXT lifeserve to 999-777 | CALL 800.287.4903 | VISIT lifeservebloodcenter.org



WALK INS WELCOME

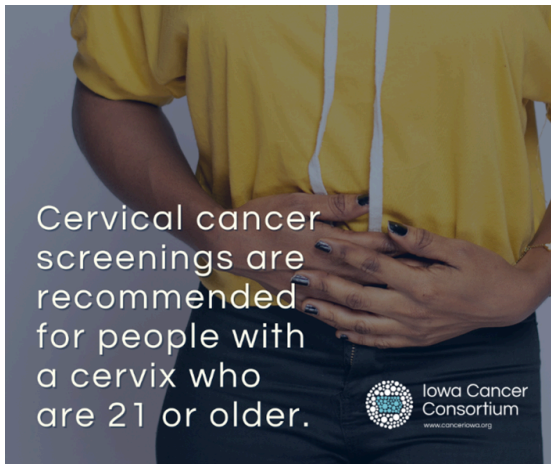


LifeServe
BLOOD CENTER

YOUR BLOOD. YOUR HOSPITAL. YOUR NEIGHBORS.

January is National Cervical Cancer Awareness Month

Cervical cancer screenings are now recommended for people with a cervix who are 21 and older. Marion County Public Health has a program that can help provide these screenings!



Cervical cancer screenings are recommended for people with a cervix who are 21 or older.

What Services Does Care for Yourself Provide?

Care for Yourself provides free or low-cost breast cancer screenings—such as clinical breast exams and mammograms—and cervical cancer screenings—like Pap testing and Human Papillomavirus (HPV) testing) for Iowans between 21 and 64 years of age.

Certain income requirements may determine eligibility, but The Care for Yourself program can also make recommendations for individuals that are not able to participate in the program.

We serve Lucas, Marion, Mahaska & Monroe counties.

Happy New Year!
We are proud to continue
serving our community in
2026!



Scan the QR code
to receive this
newsletter electronically!

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SPECIAL EVENTS

Board of Health Meeting
Marion County Public Health Training Room
Tuesday, January 20, 2026 @ 5:00pm